



PRESS RELEASE

City of Los Alamitos
Contact: Recreation and Community Services
(562) 430 – 1073
Released 12/17/24

Pickleball for Beginners

Los Alamitos, CA – Are you looking to join the fastest growing sport in the United States? Getting into a new sport can be daunting, however, “Pickleball for Beginners” is designed to help you learn the fundamentals of pickleball including exercises to improve your mobility and flexibility on a pickleball court that will take you to the next level. This program is instructed by Mike Maunula and will take place at Laurel Park (10862 Bloomfield St.) on newly resurfaced pickleball courts. Pickleball for Beginners will occur for four weeks on Wednesdays from 9:00 – 10:00 a.m., January 8 through January 29. All participants must be 18 years or older and the resident price is \$61, while the non-resident price is \$66. Supplies are needed. The instructor asks that participants bring a paddle and two pickleball balls.

For additional information and to register, visit the Recreation & Community Services website at www.cityoflosalamitos.org/recreation or contact the Los Alamitos Recreation and Community Services Department at (562) 430-1073.

##

