



PRESS RELEASE

City of Los Alamitos
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Released 8/27/24

Youth Volleyball League

Los Alamitos, CA – The ever-so-popular City of Los Alamitos Co-ed Youth Volleyball League (4th – 8th Grade) is back! Come bump-set-dominate this Fall from September 9 through November 15 and sharpen your skills and techniques. Coached by Recreation Staff, practices will be held once per week, beginning the week of September 9. Players will be grouped into teams and given practice times based on grade. The first week of practice is dedicated to practice, with the first game scheduled on Friday, September 20, and ending with a Skills Contest on Friday, November 15.

Register now online or in-person at the Los Alamitos Community Center (10911 Oak Street). For additional information, please visit the Recreation & Community Services website at www.cityoflosalamitos.org/recreation or contact the Los Alamitos Recreation and Community Services Department at (562) 430-1073.

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Los Alamitos
 Recreation & Community Services
Creating Quality of Life

**Co-Ed Youth
 Volleyball
 League**

Bump-Set-Dominate! Come and learn the skills and techniques of volleyball or sharpen your skills in the Recreation Department's Co-ed Youth Volleyball League. Practice will be held once per week, beginning the week of September 9. Players will be grouped into teams and given practice times based on grade. The first week is dedicated to practice, with the first game scheduled on Friday, September 20, and ending with the Skills Contest on Friday, November 15. The game schedule will be distributed by September 16. Jersey and award are included in the fee.

Grades 4-8 • September 9 - November 15
No Practice/Games: 10/14, 11/11 • 10 weeks
Res. \$145, Non-Res. \$150

CODE	PRACTICE SITE	DIVISION	PRACTICE DAY	PRACTICE TIME
FA24310	JFTB Gym	Spike (6th-8th grade)	Mondays	5:00-6:30pm
FA24420	JFTB Gym	Spike (6th-8th grade)	Mondays	6:45-8:15pm
FA24311	JFTB Gym	Set (4th-5th grade)	Wednesday	5:00-6:00pm
FA24421	JFTB Gym	Set (4th-5th grade)	Wednesday	6:15-7:15pm

Practice sites, practice times, and game times are subject to change.

