



PRESS RELEASE

City of Los Alamitos
Contact: Recreation and Community Services
(562) 430 – 1073
Released 4/15/24

Adaptive Recreation

Los Alamitos, CA – Join the Los Alamitos Recreation and Community Services Department for Adaptive Recreation Monthly Meetups, sponsored by the Los Alamitos Community Foundation! Participants requiring additional support or accommodation due to physical, mental, or developmental challenges are invited to participate with their families. Monthly Meetups provide a free, social, and fun evening for participants. All ages are welcome!

A monthly meetup will occur on April 24 at the Los Alamitos Community Center Building 2 (10909 Oak St.) from 3:30 p.m. to 5:30 p.m. This Meetup, Adaptive Recreation Movie Night, will consist of a showing of the movie *Sing* and candy and popcorn to enjoy! Doors will open at 3:30 p.m. The following Monthly Meetup, Movement in the Park, will be at Little Cottonwood Park on May 29 from 3:30 p.m. to 5:30 p.m. This meetup will include outdoor activities and fun in the sun!

Pre-registration for all monthly meetups is required. To register, please visit losalrecreation.myrec.com and more information can be found at cityoflosalamitos.org/recreation. Please note that for all meetups, all participants must be accompanied by an aide or parent/guardian. We can't wait to have you join us for one or all of our monthly meetups!

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CITY OF
Los Alamitos
California

3191 Katella Avenue
Los Alamitos, CA 90720-5600
Telephone: (562) 431-3538
FAX: (562) 493-1255
www.cityoflosalamitos.org

Los Alamitos
Recreation & Community Services
Creating Quality of Life

My City ♥ My Los Al



ADAPTIVE RECREATION MOVIE NIGHT

WED.
April 24

Doors Open At 3:30pm	10909 Oak St., Los Alamitos, CA 90720
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NOW SHOWING

ILLUMINATION
PRESENTS
SING

- ★ The City of Los Alamitos invites participants requiring additional support or accommodations due to physical, mental, or developmental challenges, and their families to participate in a free, social, and fun night. This night is open to all ages.
- ★ Pre-registration is required.
- ★ Participants must be accompanied by a parent/guardian and/or aide.
- ★ Popcorn and candy will be provided.
- ★ Register at losalrecreation.myrec.com