



PRESS RELEASE

City of Los Alamitos
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Los Alamitos Youth Track & Field

Los Alamitos, CA – The City of Los Alamitos offers a Co-ed Youth Track and Field program starting April 9! This program is an excellent opportunity to introduce your child to track and field techniques and events led by Recreation Staff. Whether your athlete is new to the sport or experienced, this will help develop and refine their skills.

The Youth Track and Field program will be available to 1st through 8th grade and will take place at Oak Middle School (10821 Oak St.) on Tuesdays from April 9 to May 14. All skill levels are welcome. The last session of the program will entail a Track and Field Meet where participants will compete amongst each other for top place finishes in various events such as the 50m, 100m, 200m, and Long Jump. 4th through 8th grade will compete in the 400m and 800m, depending on skill level. We can't wait to see all of you speedsters in April!

For additional information on registration, please visit the Recreation & Community Services website at www.cityoflosalamitos.org/recreation or contact the Los Alamitos Recreation and Community Services Department at (562) 430-1073.

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