



PRESS RELEASE

City of Los Alamitos
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Los Alamitos Youth Track & Field

Los Alamitos, CA – The Los Alamitos Co-ed Youth Track & Field program will hit the ground running in April! Grades offered range from 1st-8th grade and registration can be completed online or in-person at the Los Alamitos Community Center (10911 Oak Street). The program will take place at the McAuliffe Middle School Track from April 17 through May 22 (4112 W. Cerritos Avenue). Sessions occur on Mondays from 4:30-5:30 pm. Registration is now open until Tuesday, April 13.

Los Alamitos Youth Track and Field is coached by Recreation staff and participants will be exposed to different events in track and field. In addition to learning basic cross-country techniques, participants will also learn events such as the 50m, 100m, and long jump. All participants will receive an award and be given a singlet. On the last day of the program, a special meet will be held where participants will get to showcase their skills and compete. This is a program you don't want to run past!

For additional information on registration, please visit the Recreation & Community Services website at www.cityoflosalamitos.org/recreation or contact the Los Alamitos Recreation and Community Services Department at (562) 430-1073.

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